

Tiffany Fitch, FNP-C, is a native of Durham, NC. She attended East Carolina University School of Nursing where she received her Bachelor of Science in Nursing in May of 1993. She furthered her education by becoming a Nurse Practitioner in 1998 after receiving her Master of Science in Nursing degree from East Carolina University School of Nursing. Tiffany is Certified by the American Nurse's Credential Center, a member of the Accreditation Board for Specialty Nursing Certification.



Tiffany has worked as a Family Nurse Practitioner for Novant Health in Winston-Salem, NC and for Dr. Lori Coe in Rural Hall, NC. During her eleven years of work experience she provided episodic and preventive care and performed minor office procedures for patients of all ages in a family practice setting. She has worked in both supervised clinic and independent satellite office settings.

Returning to work after taking time off with her third child, Tiffany is looking forward to again caring for patients in the office clinic setting. She is married and lives with her husband and three children in the King area. In her spare time she enjoys spending time with her family.

Did you know...

- Tiffany is welcoming all new patients!
- Available for same-day appointments!
- Walk-ins are welcome!
- Tiffany is accepting most insurance plans including Medicare and Medicaid.

Visit our website
www.blueridgemd.com

Blue Ridge Medical Group
905 Rockford Street
Mount Airy, NC 27030

Our Mt. Airy

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Tiffany Fitch, FNP-C

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What is a Nurse Practitioner?

A Nurse Practitioner is an Advanced Practice Registered Nurse (APRN) who has completed graduate-level education (either a Master's or a Doctoral degree).

All Nurse Practitioners are Registered Nurses who have completed extensive additional education and training and have a dramatically expanded scope of practice over the traditional RN role. To become licensed/certified to practice, they must hold certification in an area of specialty (such as family medicine, women's health, pediatrics, adult, acute care, etc.) and be licensed through their state nursing and medical boards.

Nurse Practitioners focus on patients' conditions as well as the effects of illness on the lives of the patients and their families. They treat both physical and mental conditions through comprehensive history taking, physical exams, ordering and interpreting diagnostic tests. Nurse Practitioners can then diagnose the disease and provide appropriate treatment, including prescribing medications.



Procedures available at our Mt. Airy office:

- Lab Draws
- Immunizations
- Therapeutic Injections
- Joint Injections
- EKG
- Pulse Oximetry
- Holter Event Monitor
- Nuclear Stress Testing
- Echocardiogram
- Venous & Arterial Carotid Doppler Ultrasound
- Pacemaker Checks
- Pulmonary Function Tests
- Nebulizer Treatments
- Sleep Studies

*dedication
experience
availability*

What can a Nurse Practitioner do for you?

There are 3 main reasons to see a family nurse practitioner:

- 1. Get a check-up** (Health maintenance exam)
The purpose of this visit is to prevent illness and disease. We will check your blood pressure and perform a thorough physical exam. Routine labs will be recommended and we will discuss screening tests (tests performed on healthy people to determine presence of a disease) and vaccinations. Of course recommendations are different based on age and gender. **Everybody needs to get an annual checkup.** By protecting your health, this is the safest investment you can make for you and your family.
- 2. Acute visits, sick visits, colds, minor injuries.** Maybe you have a question or concern. We will try our best to accommodate you same day for this type of visit.
- 3. Chronic condition management.** There are a lot of conditions that require frequent follow-up visits and close surveillance, including diabetes, COPD, high blood pressure, high cholesterol and depression.

There are also other types of visits which we schedule as needed: family consults, medical decision making, medical forms completion, sports physicals, etc.

Why choose Tiffany Fitch, FNP-C as my provider?

Tiffany has years of education, training and experience to offer each patient. She is known for her excellent relations with patients, her ability to listen and her quiet thoughtful personality. She is backed by multiple internal medicine and specialist physicians within "our" Blue Ridge Medical Group. Tiffany works with younger adults encouraging them to lead a healthy lifestyle and with other patients she has the knowledge and experience to handle chronic medical problems and the issues of aging.

Trust Your Health to the Finest Care!

Visit our office in Mt. Airy

Committed to Excellence!